



SMOOTHIE BOWL BLENDZ	Calories	Fat Cal	(g) Total Fat	(g) Sat Fat	(g) Trans Fat	(mg) Chol	(mg) Sodium	(g) Carbs	(g) Fiber	(g) Sugars	(g) Protein
16 OZ											
Acai Brazilian Bowl	470	30	3	0	0	0	90	117	5	11	3
Island Bowl	400	15	1.5	0	0	0	115	94	4	50	6
Original Acai Bowl	470	30	3	0	0	0	90	117	5	11	3
PB&J Bowl	380	60	7	1	0	0	105	80	10	30	6
Protein Berry Bowl	460	50	6	1	0	10	300	49	9	22	57
Tropical Bowl	330	25	3	1.5	0	0	10	79	6	36	3
Very Berry Bowl	380	15	1.5	0	0	0	110	91	5	47	6
Warrior Bowl	340	25	3	0	0	0	180	78	6	33	6